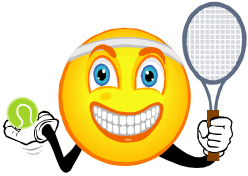


WWW.PARAFEDWELLINGTON.CO.NZ

MARCH
2010

PARANEWS – WHAT'S ON



IMPORTANT DATES TO REMEMBER

12 noon Sunday 21st March **PRIZE-GIVING & AGM** - Parafed Wellington, Avalon Pavilion, Lower Hutt.
A light lunch will be served, we welcome all members and their families to join us.
Great way to start the year and acknowledge achievements from the previous year.

MEMBERSHIP - \$25 due now, we need your support so we can support you.

NICK RUANE COMPETES IN IRONMAN AND TELEVISED ON 60 MINUTES!

On Saturday 6th March - Wellington Parafed Member Nick Ruane will be competing in his first Ironman. Having captured the attention of Ironman Event Managers, Nick's inspirational story and the Ironman Race will be documented on 60 minutes TV3, we will let you know when. Nick is raising funds for the non-profit organisation "Riding for the Disabled" (RDA), and you can make a donation by clicking on

<http://fundraiseonline.co.nz/NickRuane/>



WHAT'S ON AROUND WELLINGTON AND WITH OUR ATHLETES

FOR ANY QUERIES—PLEASE CONTACT:
PARAFED WELLINGTON
DEE(04)233-0226 OR MICHI (04)293-1184



Tennis Inc
COACHING ACADEMY



**TAWA-LYNDHURST
TENNIS CLUB**

Wheelchair Tennis Development Squad
Sat. 14th March 4pm to 5pm
Tawa Lyndhurst Tennis Club.



Sailability at Evans Bay
Friday 19th March at 10am



Youth Sports Club **HALBERG TRUST**
Principal Sponsor Westpac

ACCESSIBILITY INFORMATION

Check out Website www.accomobility.co.nz which provides information to disabled travellers about the accessibility of various accommodation venues around New Zealand. Details about the facilities provided by each hotel/motel/B&B are listed on the website. Many thanks Lianne Kalivati for this information.

Youth Sports Club begins 27th March,
at Rangikura School, Porirua.
Wheelchair Soccer, Wheelchair Rugby and
Wheelchair Basketball, 11am—2pm