



HANDCYCLING/TRIKE RACE & "HAVE-A-GO" - Saturday 31 July



The Children line up for their race

Parafed Wellington held its first annual Handcycling/Trike Race & "Have-a-Go" Saturday 31 July, at Te Horo, on the Kapiti Coast.

Approx. **50 supporters & 12 disabled participants**, enjoyed "action on wheels", including Halberg Trustee-Kevin Murphy & family.

4 disabled children & their families turned up to "have-a-go" - Marten Mooij winning the handcycling/trike race.

3 elite para-handcyclists raced 10k Time Trial & 30k Road Race with Tiffany Perry the overall winner.

Catriona Williams raced 30k, preparing for the New York Marathon for Catwalk

Rosie MacLeod pushed 10k with Ollie Goulden, for her wheelathon fundraiser.

19 volunteers/marshalls were tremendous help on the day, with particular thanks to Jan Nisbet-Sport Wellington Kapiti, Tim O'Hallaran-Paramedic, Brian Gilbert-Race Manager, (South End Cycles), Lynley Brown, Greg Moller, Thea van der Meulen & her girls, Laurenson boys & their friends & Kapiti Cycling Club.



Elite Handcyclists, with Mary Fisher on Tandem



Marten Mooij with his brother & sisters



The Children take on the Adults



Sport Wellington Kapiti -Jan Nisbet & Marten Mooij



Rosie Macleod starts her 10k Wheelathon, supported by Mike Putaura (left) & Ollie Goulden



Above: Chris Hickling supports Catriona Williams
Left: Catriona Williams surrounded by young fans
Right: The Collins—Mohi family "action on wheels"



HANDCYCLING/TRIKE RACE & "HAVE-A-GO" - Saturday 31 July



"Action On Wheels"



Parafed Wellington



HALBERG TRUST
Principal Sponsor Westpac



sport Wellington KAPITI



Jan Nisbet, Sport Wellington Kapiti gives Kahu a ride



"HUGE THANKS" to the Te Horo Community



Mayor Jenny on a Trike with Sam (left), Tiff & Sue



Volunteers, (left) Laura, Maureen and Jennifer



Marshalls, (left) Gray, Connor and Alec



Marshalls: Nick Kaye (left) and Jack Laurensen



Above (left) Sarah Walker & (right) Brooke & her poster



Ollie Goulden (above) "Having-a-Go" handcycling



Above: Handcycling Champion: Tiffany Perry

Left: Sam Eddie, 2nd overall

Right: Sue Reid, 3rd overall,

All are competing at the World Champs in Canada soon

